



BODY | SKIN | HAIR | NAILS | WELLNESS

TREATMENT LIST



Opening Hours

Mon - Closed

Tue - Sun

08:30am - 17:00pm



Contact Us

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lamelle
Research Laboratories

ENVIRON®
stockist



depilève

DERMAQUEST

INOAR
PROFESSIONAL

matrix MIZANI

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Massage Therapies

SWEDISH MASSAGE

A gentle, full-body massage that uses long strokes, kneading, deep circular movements, vibration, and tapping. It helps to relax the entire body, improve circulation, increase the level of oxygen in the blood, and ease muscle tension.

Back, Neck & Shoulder	30min – R 399
Back, Neck, Shoulder & Head	45min – R 549
Full Body	60min – R 699/90min – R 849

DEEP TISSUE MASSAGE

The deep tissue massage is a technique that focuses on the deeper layers of muscle and connective tissue. It involves applying sustained pressure using slow, deep strokes to target the inner layers of your muscles and connective tissues.

Back, Neck & Shoulder	30min – R 499
Full Body	60min – R 799

HOTSTONE MASSAGE

Smooth, heated stones are placed on specific parts of the body to warm and loosen tight muscles and balance energy centres in the body. This helps to relieve muscle tension and pain, reduce stress and anxiety, and promote sleep.

Full Body	60min – R 839/90min – R 1099
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AROMATHERAPY MASSAGE

This massage combines soft, gentle pressure with the use of essential oils.

Back, Neck & Shoulder	45min – R 699
Full Body	60min – R 849/90min – R 999

LYMPHATIC DRAINAGE MASSAGE

This gentle massage encourages the movement of lymph fluids around the body to reduce swelling, improve circulation, and boost the immune system.

Back, Neck & Shoulder	30min – R 499
Full Body	60min – R 699

BODY EXFOLIATION

Experience the transformative power of our expert techniques, designed to gently remove dead skin cells, revealing a smoother, more radiant complexion. Our exfoliation therapies not only invigorate your skin but also stimulate circulation, leaving you feeling refreshed and revitalized.

Back & Shoulder	30min – R 249
Full Body	60min – R 599

BODY EXFOLIATION WITH WRAP

From R 849

Following the exfoliation, immerse yourself in a soothing body wrap, where your entire body is enveloped in a warm, hydrating cocoon. The wrap is infused with rich, detoxifying ingredients that work to hydrate, firm, and tone your skin while you relax in serene comfort. This treatment not only enhances your skin's appearance but also promotes relaxation and a sense of well-being.

REFLEXOLOGY	30min – R 519
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This massage involves applying pressure to specific points on the feet to promote relaxation, improves circulation, reduces pain, and enhances overall well-being.

SPORTS MASSAGE

Revitalize your body and enhance athletic performance with our specialized sports massage. Designed for athletes and active individuals, this massage targets specific muscle groups and connective tissues to alleviate pain, reduce tension, and prevent injuries.

Half Body (Specific Areas Only)	30min – R 499
Full Body (Specific Areas + General Swedish)	60min – R 799

PRENATAL MASSAGE	60min – R 699
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Tailored for pregnant women to help alleviate pregnancy-related discomforts. This massage reduces stress, decreases swelling, relieves aches and pains

Add Hot Stones +R149
To Any Massage

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Facial & Skincare Therapies

ENVIRON SKINCARE

FACIALS

Essential Vitamin Touch	60min – R 450
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Designed to remove impurities, unclog pores, and balance oil production. Ideal for oily, combination, or acne-prone skin.

Essential Teatments – With DF Machine

2 Specific Areas	60min – R 849
Whole Face	90min – R 1059

- Essential Moisture Boost: Replenishes dehydrated, lacklustre skin with intense hydration.
- Essential Youth Reset: Targets fine lines, wrinkles, and loss of elasticity for more youthful skin.
- Essential Comfort Calm: Soothes sensitive, irritated skin and reduces redness.
- Essential Radiance Reveal: Revives dull skin and evens out pigmentation for a glowing complexion.

Focus–On Treatments

Specific Area	60min – R 849
Entire Area	90min – R 1059

Short, targeted treatments for specific skin concerns:

- Focus-On Frown Treatment: Softens the appearance of frown lines.
- Focus-On Even Tone: Addresses uneven skin tone and pigmentation.
- Focus-On Eye Treatment: Targets fine lines and puffiness around the eyes.

Cool Peel Treatments

Specific Area	60min – R 849
Entire Area	90min – R 1059

Ideal for refining skin texture and improving the appearance of problem skin:

- Youth Renew Cool Peel: For aging skin to refine and revitalize.
- Blemish Control Cool Peel: Targets breakout-prone skin, reducing oiliness and inflammation.
- Bright Recovery Cool Peel: Restores radiance to dull, sun-damaged skin.

CUSTOMIZED VITAMIN THERAPY FACIALS

R 1059

These facials incorporate Environ's Ion zyme DF Technology to deliver potent Vitamin A and C serums deep into the skin, addressing a wide range of concerns, from hydration to anti-aging.

COMBINED TREATMENTS

Focus Care Youth	90min – R 1499
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Boosts skin elasticity and reduces visible signs of aging with advanced peptides and botanicals.

Focus Care Moisture + HA Intensive Hydrating Serum	90min – R 999
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A hyaluronic acid-rich serum that deeply hydrates and plumps the skin, leaving it soft and smooth.

Focus Care Radiance	90min – R 1399
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Brightens and evens out skin tone by targeting hyperpigmentation and dullness with stabilized Vitamin C.

Focus Care Clarity	60min – R 839
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Perfect for acne-prone or oily skin, this lightweight oil helps regulate sebum production and improve skin clarity.

Focus Care Comfort	60min – R 829
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Calms and soothes sensitive or irritated skin while providing antioxidant protection.

MICRONEEDLING

Enhances collagen production, improves skin elasticity, and reduces scars and fine lines. Combined with Lamelle's serums, such as the Dermaheal Growth Factor Range, for superior results.

Small Area	R 499
Neck Only	R 849
Face & Neck	R 1499
Large Area Scarring	R 1849



LAMELLE SKINCARE

FACIALS

Deep Cleansing Facials	60min – R 899
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Designed to remove impurities, unclog pores, and balance oil production. Ideal for oily, combination, or acne-prone skin.

Barrier Repair Facials	60min – R 849
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Strengthen and rebuild sensitive or compromised skin using Lamelle's Correctives and Serra Range.

TREATMENTS

Lamelle Hydra-Boost Treatment	60min – R 849
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Deeply hydrates and restores the skin barrier, leaving the skin plump and radiant.

Anti-Aging Treatments	60min – R 1399
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Focus on reducing wrinkles, improving elasticity, and enhancing skin vitality using peptide-rich products and treatments.

CHEMICAL PEELS

Lacta-Firm Peel 30/10	45min – R 849
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Combines lactic and glycolic acids for hydration, exfoliation, and improved skin texture.

Beta peel 15%	45min – R 949
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Targets acne and oiliness with salicylic acid, helping to reduce breakouts and inflammation.

Alpha Peel	45min – R 949
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Ideal for anti-aging, targeting fine lines and uneven skin tone with alpha hydroxy acids (AHAs).

Retistore Peel	20min – R 1299
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Ideal for anti-aging, targeting fine lines and uneven skin tone with alpha hydroxy acids (AHAs).

Brightening Peel	45min – R 1099
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Reduces pigmentation and uneven tone, promoting a brighter complexion.

FACIAL ADD-ONS

Dermaplanning – can be added to any facial	R 149
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Revitalize your skin with our Dermaplaning Combined Treatment. This luxurious experience begins with gentle dermaplaning, a technique that exfoliates the skin by removing dead skin cells and fine vellus hair, leaving your face smoother and more radiant.

Buccal Massage	30min – R 299
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A facial massage that relieves jaw tension, discomfort, swelling & inflammation.

European Sculpture-Lift Massage	30min – R 399
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A facial massage that lifts & tones facial muscles while reducing puffiness & fine lines.

VAGACIALS

Vagacials addresses pigmentation caused by waxing while improving overall skin health.

Bikini Vagacial	30min – R 499
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Hollywood Vagacial	45min – R 539
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Underarms Rejuvenating Treatment	25min – R 249 45min – R 349
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Hands & Feet

MANICURES

Express: Quick Elegance	R120
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Deluxe: Indulgent Pampering	R200
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Signature: Ultimate Luxury	R300
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PEDICURES

Express: Quick Elegance	R180
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Deluxe: Indulgent Pampering	R250
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Signature: Ultimate Luxury	R330
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Hands & Feet

SOAK OFF

Gel	R70
Rubber Base	R70
Poly Gel / Builder Gel	R100
Acrylic Dip	R70
Acrylic	R100
SNS	R100
Bio-Sculpture	

GEL

Application	R140
Soak Off & Reapplication	R190
Hardener	R30
Soft Gel Tips and Gel	R380
Soft Gel Fill	R300
Rubber Base	R240
Rubber Base Fill	R280

POLY GEL / BUILDER GEL

Sculptured	R460
Tips and Gel	R400
Fill	R300
Overlay	R280

BIO SCULPTURE

Sculptured	R460
Tips and Gel	R400
Fill	R280
Overlay	R250

ACRYLIC

Dip Tips and Gel	R360
Dip and Gel	R240
Dip Fill and Gel	R250
Tips and Gel	R400
Fill and Gel	R300
Overlay	R280

SNS

Application	R280
Soak off and Reapplication	R350

FEET

Full Pedicure with Polish	R250
Full Pedicure with Gel	R300
Medi-Pedi	R300
Medi-Pedi with Gel	R450
Paraffin Pedi with Gel	R400
Dry Foot File	R70

Add on massage:

15 Minutes	R80
30 Minutes	R150

PACKAGES

5x Gel Soak Off & Reapplication	R760
10x Gel Soak Off & Reapplication	R1520
5x Acrylic Dip + 1 Soak Off	R1100
10x Acrylic Dip + 2 Soak Off	R2140
5x Full Pedicure	R1250
10x Full Pedicure	R2400

ADD-ONS

Nail Art	R10 – R30 P/N
French	R50 – R80
Ombré	R150
Cat-eye	R150
Chrome	R50
Nail Fix	R30

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Waxing

FACE

Lip, Brow, or Chin	R 99
Full Face	R 249
Face & Neck	R 299

ARMS & UPPER BODY

Underarms	R 149
Full Arms	R 219
Chest	R 339
Half Back	R 259
Full Back	R 299

LEGS & FEET

Half Legs (Incl. Knee)	R 219
Full Legs	R 339
Feet, Hands, or Toes	R 99

BIKINI

Bikini Line	R 179
Brazilian	R 259
Hollywood	R 339

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Hair Salon

BLOW-WAVE

	Short	Medium	Long
Wash Only		R 79	
Blow-wave Only		R 99	
Wash & Blow-wave		R 150	
Scalp Scrub		R 249	
Blow-wave X4		R 480	
Blow-wave x8		R 880	

HAIR STYLING

Cut	R 149	R 249	R 349
Trim Only		R 99	
Curls		R 149	
Iron Only	R 149	R 199	R 219
Upstyling	From	R749	

HAIR ADD-ONS

Scalp Massage	10min	R 99	
Add-On Colour		R 119	
Deep-Conditioner		R 149	
Add-on Hair Mask		R 249	

INOAR TREATMENTS

Japanese Silk (Add R100 for extra long hair)	R 699	R 899	R 1199
B-Perfect (Botox) (Add R100 for extra long hair)	R 599	R 799	R 999
Day Moist Hydrating	R 399	R 399	R 499
Inoar Speed Blond	R 399	R 399	R 499

COLOUR

Tint Regrowth		R 399	
Tint	R 499	R 699	R 799
Half Highlights	R 749	R 849	R 949
Full Highlights	R 1199	R 1399	R 1599
Tint Fringe	R 349	R 449	R 549
Colour Correction	R 499	R 699	R 799
Balayage	R 1599	R 1799	R 1999
Ombre	R 1499	R 1599	R 1799
Toner	R 499		

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Spa Packages

BLISSFUL BONDING EXPERIENCE	R 1299 per couple
45 Min Back, Neck, Shoulder and Head Massage 45 Min Deluxe Manicure or Pedicure	

SOULMATES SERENITY PACKAGE	R 2399 per couple
90 Swedish Massage or 60min Deep Tissue Massage 60 Min Signature Manicure or Pedicure - Scalp Scrub	

PURIFYING BLISS DETOX EXPERIENCE	R 1399 pp
45 Swedish Massage or 30min Deep Tissue Massage 60 Min Exfoliation 45 Min Reflexology	

ULTIMATE DETOX REVIVAL	R 1899 pp
90 Swedish Massage or 60min Deep Tissue Massage 60 Min Exfoliation with Detoxifying Body Wrap 45 Min Reflexology	

HEAVENLY HAVEN FOR TWO	R 3799 per couple
60 Min Aromatherapy Massage 30 Min Hydrating Facial 60 Min Signature Manicure or Pedicure - Scalp Scrub	

HEAVENLY SENT	R 1899 pp
45 Min Back, Neck and Shoulder Aromatherapy Massage - Radiance Reveal Environ Facial 45 Min Foot Soak and Scrub 45 Min Deluxe Pedicure - Scalp scrub	

MOTHER TO BE	R 1899 pp
60 Min Prenatal Massage 60 Min Environ Moisture Boost Facial - Signature Pedicure - Scalp Scrub	

ULTIMATE MALE GROOMING	R 2899 pp
60 Min Deep Tissue Massage 60 Min Signature Manicure & Pedicure - Grooming / Facial Wax - Deep Cleanse Facial - Wash and Trim - Scalp Scrub	

BRIDE TO BE	R 3199 pp
90 Min Hotstone Massage - Moisture Boost Facial 60 Min Signature Manicure & Pedicure - Hollywood wax, Eyebrow wax and tint	